



Magical Mama

www.magicalmamablog.com

How To:

Make every
trip to the
grocery store
a walk in the
park

Free printable check list!



www.magicalmamablog.com

Pharmacy/Toiletries

Baby

Household/Cleaning Products

Dairy

Drinks

Breakfast Foods

Snacks

Sauces/Oils/Dressings

Canned Goods

Pasta/Rice

Bread

Baking/Spices

Meats

Fruits

Vegetables

Herbs

Pharmacy/Toiletries

Baby

Household/Cleaning

Dairy

Drinks

Breakfast Foods

Snacks

Sauces/Oils/Dressings

Canned Goods

Pasta/Rice

Bread

Baking/Spices

Meats

Fruits

Vegetables